

WHAT DO YOU THINK ABOUT HEALTH AND WORK?

Tick the boxes

	True	False
Coping with health problems whilst working leads to faster recovery		
Medical advice isn't always needed in order to stay at work with a health problem		
Carrying on at work with an injury or illness does not usually make it worse		
Work is good for our health and wellbeing		
Modified work is not always needed for an injury or illness at work		
It's OK to sort out job modifications with your line manager		
The Fit Note can help people stay at work with an injury or illness		

Name:

Date: