

## USING THE HEALTH AND WORK QUESTIONNAIRE

Find out if you, your workers, line managers, and senior managers have got the health & work message

There are two uses for the Health & Work Questionnaire

- Find out whether workers and line managers understand the fundamental relationship between health and work. If the level is low, then you should ensure everyone gets 'the knowledge'. This measure may provide justification for the resources needed.
- Measure improvement in understanding the relationship between health and work. For example, use it before and after. This can demonstrate cost-benefit from helping workers and managers getting 'the knowledge'.

The Questionnaire has 7 questions that are answered True or False

- Coping with health problems whilst working leads to faster recovery
- Medical advice isn't always needed in order to stay at work with a health problem
- Carrying on at work with an injury or illness does not usually make it worse
- Work is good for our health and wellbeing
- Modified work is not always needed for an injury or illness at work
- It's OK to sort out job modifications with your line manager
- The Fit Note can help people stay at work with an injury or illness

## SCORING

Each 'True' response is given a score of one, and each 'False' is zero. The total score ranges from zero to 7.

## INTERPRETATION

A score of zero indicates little or no understanding

A score of seven indicates a good understanding